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ABSTRACT

The Office of Educational Research and Improvement National Institute on Early Childhood Development and Education (ECI), in cooperation with EduTech Ltd., consulted with representatives of government and nongovernment organizations to gather information about school-based and school-linked programs for teen mothers. The representatives reported that programs reduce the number of low-weight babies among teen mothers who are enrolled in the programs, but the programs are limited and serve only a small percentage of pregnant mothers. In addition, long-term objectives, such as improved high school completion for mothers and school readiness for their young children, are more difficult to achieve, even for those adolescents who are in programs. Government and nongovernment officials identified some programs that they considered noteworthy, and EduTech found information about other programs in existing databases. EduTech coordinated with program directors and compiled information for this compendium. The compendium is not inclusive but profiles programs for pregnant and parenting teens and their children throughout the country that are based in public schools, alternative schools, community facilities, and medical facilities. Each entry provides the following information about the program: sponsoring agency, contact information, annual budget, primary funding sources, mission, profile, description of service model, and evaluation methods. (Author/MKA)

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Compendium of School-Based and School-Linked Programs for Pregnant and Parenting Adolescents

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National Institute on Early Childhood Development and Education
Office of Educational Research and Improvement
U.S. Department of Education

**Compendium of
School-Based and
School-Linked Programs**

for

**Pregnant and
Parenting Adolescents**

National Institute on Early Childhood Development and Education
Office of Educational Research and Improvement
U.S. Department of Education

U.S. Department of Education

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February 1999

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Preface

The Office of Educational Research and Improvement's National Institute on Early Childhood Development and Education (ECI), in cooperation with EduTech Ltd., consulted with representatives of government and nongovernment organizations to gather information about school-based and school-linked programs for teen mothers. The representatives reported that programs reduce the number of low-birth weight babies among teen mothers who are enrolled in programs, but the programs are limited and serve only a small percentage of pregnant teens. In addition, long-term objectives, such as improved high school completion for mothers and school readiness for their young children, are more difficult to achieve, even for those adolescents who are in programs.

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ECI and EduTech Ltd. produced this compendium in conjunction with a conference that included representatives from 15 school-based and school-linked programs, along with other government and nongovernment organizations. A synthesis of conference proceedings is also available.

Table of Contents

Programs in Public Schools	1
Children and Adolescent Parents Support Self-Sufficiency	3
Cleveland Public Schools Healthy Family/Healthy Start Outreach Program	5
George Washington Carver School-Based Health Center	7
Graduation, Reality, and Dual-Role Skills	9
Living for the Young Family Through Education	11
Parent and Child Enrichment Center	13
Project Reach	15
Pregnant Minor and Infant/Toddler Programs	17
Teen Net	19
Teen Self Help Demonstration Program	21
Tender Loving Care Teen Parenting Program	23
Trisha Obear Teen Learning Center and Maurice Kirby Child Care Center	25
Wilde Lake High School Teen Parenting and Child Care Program	27
 Alternative Schools for Pregnant and Parenting Teens	 29
Alternative Education Enhancement Project	31
Florence Crittenton School/Human Services Inc.	33
Margaret Hudson Program, Inc.	35
New Futures School	37
Paquin Middle/Secondary School for Expectant and Parenting Adolescents	39
Prep Middle School	41
Silver Springs High School	43
St. Mary's Alternative School	45
Teen Parent Program	47
 Community-Based, School-Linked Programs	 49
A Step Up	51
Chicago Healthy Start	53
Crisis Pregnancy Center of Columbia, Inc.	55
Hannah House, Inc.	57
Horizon Youth Service Center	59
Inwood House	61
Lula Belle Stewart Center, Inc.	63
Mama and Me Child Saving Institute	65
Raising Hopes Infant and Teen Support Center	67
Teens Entering College Now	69
Young Family Independence Program	71
Y's Parent Center	73
Youth Health Service, Inc.	75

School- and Community-Based Programs..... 77

Mercy Children's Medical Center	79
PARTNERS of Child and Family, Inc.	81
Teenage Pregnancy and Parenting Project.....	83
Torrance County Maternal and Child Health Program.....	85

Programs Based in Medical Facilities..... 87

Gundersen Lutheran Teen Health Service.....	89
Options for Pregnant and Parenting Teens	91
Supporting First Time Parents.....	93
Young Parents Program/The Parenting Project.....	95

Programs in Public Schools

Children and Adolescent Parents Support Self-Sufficiency

Agency: Children and Adolescent Parents Support Self-Sufficiency (CAPSS)
360 Colborne Street
St. Paul, Minnesota 55102

Telephone: (612) 228-3651

Fax: (612) 293-5374

Contact Person: Wanda Miller, Administrator

Annual Budget: \$500,000

Primary Funding Source:

Department of Health and Human Services

Mission:

Reduce absenteeism, increase school course credits and graduation rates, and improve parenting skills.

Profile:

Since 1973, CAPSS has provided services, including on-site child care, to adolescent parents through a school-based program for students 12 to 21 years old.

Description of Service Model:

The program helps adolescent parents become successful students, self-sufficient adults, and effective parents. Essential components of the program include on-site child care and transportation by school buses to reduce common barriers to attendance, regular monitoring of attendance with conferences if absenteeism occurs, and rewards for good attendance. CAPSS prepares individualized educational plans and assesses students' progress in academics, providing support and advocacy to ensure they achieve credits. The program also offers career-planning services.

CAPSS provides parenting education on an individual basis, in classrooms, and in parenting support groups. Young parents receive support, role modeling, and individual attention when they visit their children in the child care center, and the children receive appropriate developmental care and assessment to facilitate school readiness. Child health

assessments are performed by an on-site school nurse who also monitors compliance with state child care licensing laws.

Communication, coordination and collaboration with school staff, child care providers, social services, medical clinics, and other community agencies are essential to the success of the program.

Evaluation Methods:

The program monitors school attendance records, grade reports, graduation records, and the developmental status of infants and toddlers.

**Cleveland Public Schools
Healthy Family/Healthy Start Outreach Program**

Agency: Cleveland Public Schools Healthy Family/Healthy Start Outreach Program
1380 East 6th Street
Cleveland, Ohio 44114

Telephone: (216) 574-8380
Fax: (216) 574-8669

Contact Person: Esther M. Butler, Supervisor

Annual Budget: \$623,000

Primary Funding Source:

Healthy Family/Healthy Start funding through the City of Cleveland Department of Public Health

Mission:

Provide services that decrease adolescent pregnancy and improve health care and parenting skills for pregnant and parenting adolescents.

Profile:

The program, located in 39 middle and high schools, has offered prevention and intervention services since 1995. Annually, the program reaches approximately 381 pregnant teens, 188 adolescent mothers, and 10 teen fathers, ages 12 to 19. The population served includes African-American (54 percent), white (21 percent), Hispanic (8 percent), Asian (1 percent), and American Indian (less than 1 percent) students.

Description of Service Model:

Healthy Family/Healthy Start has established a collaborative referral network of individuals and organizations, including neighborhood-based resources. The network includes guidance counselors, school nurses, health and special subject teachers, drug-free school liaisons, faculty team members, and linkages to special projects and initiatives. Prevention outreach specialists link students directly with the health care providers and support services they need.

The Outreach Program works in collaboration with Cleveland Public Schools Education Office to design action plans and programs for adolescents to reduce initial and repeat pregnancies, build parenting skills, reduce dropout rates of pregnant and parenting teens, and increase the number of babies born with comprehensive prenatal care. Staff members answer student questions and collaborate with teachers to address topics identified as needed. Outreach specialists also work with the Health Education Office and other related resources to develop materials and provide training that will enhance the kindergarten through 12 grade health and safety curriculum.

Evaluation Methods:

The program assesses its success through case management evaluation, school records, and job placement records.

George Washington Carver School-Based Health Center

Agency: George Washington Carver School-Based Health Center
3059 Higgins Boulevard
New Orleans, Louisiana 70126

Telephone: (504) 940-2657
Fax: (504) 940-2675

Contact Person: Joan Thomas, Director

Annual Budget: \$3,000,000

Primary Funding Sources:

City of New Orleans general funds; Louisiana Office of Public Health; New Orleans Public School Board; Louisiana Office of Maternal and Child Health; and St. Marks Community Center.

Mission:

Provide a holistic approach to health care addressing all high-risk behaviors, family concerns, and environmental factors that may have a negative impact on the students' physical and psychological well being.

Profile:

The George Washington Carver School-Based Health Center, operating since 1988, is located on the campus of a city school. Each year, approximately 40 teen mothers and 6 teen fathers receive primary health care as well as preventative and supportive services, including child care for 45 children. The center currently serves African-American (98 percent) and white (2 percent) students in 7th-12th grades.

Description of Service Model:

The center offers a multidisciplinary approach that provides a broad range of primary health care, preventative, and supportive services to address the needs of the student population, including teen parents and their children. It operates in conjunction with the Parent/Child Development Center. On staff are a director, administrative assistant, four physicians, nurse practitioner, public health nurse, social worker, public health educator, medical attendant, nutritionist, dentist, and interns from local universities.

Services include treatment for minor illnesses, pregnancy testing, immunizations, dental care, Women and Infant Children (WIC), well baby care, social work counseling, laboratory services, treatment for sexually-transmitted diseases, physical examinations, substance abuse counseling, nutrition and health education, child care, follow-up treatment, and referrals for serious health problems. The Louisiana State University Pediatrics/Children's Hospital provides 24-hour coverage for students.

Evaluation Methods:

Evaluation methods include an Adolescent Risk Survey, graduating class statistics, school attendance rates, records, informal polls, and exit interviews.

Graduation, Reality, and Dual-Role Skills

Agency: Graduation, Reality, and Dual-Role Skills
(GRADS)
Ohio Department of Education
Division of Vocational and Adult Education
65 S. Front Street, Room 909
Columbus, Ohio 43215-4183

Telephone: (614) 466-3046

Fax: (614) 728-0484

Contact Person: Sharon Enright, Consultant

Annual Budget: \$58,000-\$63,000 per teacher

Primary Funding Sources:

Ohio state and local school district funds.

Mission:

Promote personal growth, educational competence, and economic self-sufficiency as socially responsible members of society for pregnant and parenting teens (male and female).

Profile:

Graduation, Reality, and Dual-Role Skills (GRADS) is a school Family and Consumer Sciences instructional and intervention program that has been reaching students in city, county, urban, rural, and suburban areas since 1980. Each year, the program serves approximately 6,657 pregnant and 3,622 adolescent mothers, and 1,283 teen fathers. On-site child care, available at the option of the local school district, is provided for 300 children. The population served includes white (67 percent), African-American (28 percent), Hispanic (2 percent), multiethnic (2 percent), American Indian (less than 1 percent), and Asian (less than 1 percent) persons, ages 12 to 20.

Description of Service Model:

GRADS is an elective Family and Consumer Sciences class, taught by certified/licensed Family and Consumer Sciences teachers whose schedules include classroom instruction, and conference and coordination time.

The instructional component includes managing work and family responsibilities, problem solving, relating to others, and leadership. The content-specific competencies focus on self-development, pregnancy, wellness, prenatal, postpartum, neonatal care, parenting, child development, creation of healthy and safe environments, relationships, social support systems, and economic independence and employability. A community outreach component strengthens family and community involvement, and an advisory committee works to build strong school and community support for the program.

Leadership for GRADS is provided through the Ohio Department of Education, Division of Vocational and Adult Education. The GRADS program is available for students in 80 percent of Ohio's school district and has been disseminated to schools in 17 other states.

Evaluation Methods:

Documentation of success includes a GRADS follow-up report (teacher report form) and a year-end report. An evaluation component is also in place to determine program effectiveness. Compared to state and national rates, the evaluation shows lower rates of school dropouts, low birth weights, and subsequent teen births, and a higher rate of early prenatal care.

Living for the Young Family Through Education

Agency: Living for the Young Family through Education
(LYFE)
22 E. 128th Street
New York, New York 10035

Telephone: (212) 831-1049

Fax: (212) 831-1049

Contact Person: Joan Davis, Assistant Principal

Annual Budget: \$7,000,000

Primary Funding Sources:

New York City Board of Education and Administration for Children's Services-Child Care.

Mission:

LYFE provides comprehensive services to meet the needs of teenage parents who wish to stay in school or resume their education. Its mission also includes providing a school-based child care program for the babies of these teenage parents that is based on an understanding of child development and accepted best practices of infant and toddler development.

Profile:

LYFE is a school-based program that has been in existence since 1982. It uses a multidisciplinary case management model that accesses a variety of services to benefit young parents. Located in 41 sites in city schools, the program assists approximately 700 to 1,000 parenting female teens and 50 teen fathers annually. It serves African-American (70 percent), Hispanic (24 percent), white (5 percent), and Asian (1 percent) populations from 12 to 21 years old. On-site child care is provided.

Description of Service Model:

Through an initiative of the City Council, the LYFE program provides services for teen parents who are enrolled in regular or alternative high schools or who are preparing for the GED exam. While these young parents attend class, LYFE provides developmentally appropriate child care for their children (from 2 months to 3 years of age) in schools or school sites throughout the five boroughs. Each center provides care for 10 to 40 infants

and toddlers. Licensed early childhood teachers and specially trained caregivers provide a nurturing, caring environment for each child. In addition to their academic program, student parents are encouraged to take a credit-bearing parenting class covering topics such as nutrition, health care, child development, and short and long range planning. Teen fathers are encouraged to participate, and support groups and counseling are provided by social work staff.

LYFE assists students in finding their next child care placement after they leave school. Each center is linked to an extensive social service referral network developed by the social worker and family outreach paraprofessional assigned to each center. LYFE works closely with the child care community, particularly the Day Care Council of New York, the Agency for Children's Services, the Department of Health/Bureau of Day Care, and the Bureau of Nutrition. School health clinics and hospitals are also valuable links in the social service networks developed by the LYFE staff.

LYFE operates two Early Head Start programs, one in collaboration with the Educational Alliance, a 107-year-old New York multiservice agency, and the other in collaboration with the Visiting Nurse Service of New York. LYFE is participating with the Educational Alliance and New York University in the national Early Head Start evaluation.

Cultural enhancements for parents and their children include trips to the libraries, children's museums, farms, and concerts and performances around the city. The Metropolitan Museum of Art provides Doing Art Together, a program where toddlers and parents enjoy art experiences. Queens College operates a family literacy program at several sites and two other sites are involved in the Reading Is Fundamental (RIF) Program. The Teachers and Writers Collaborative has worked with several sites in a Read To Me Program where parents and babies read together and each parent makes a special book for her own child.

Evaluation Methods:

LYFE monitors graduation statistics, students' academic records, babies' health records, early intervention referrals, and developmental screenings. It also conducts follow-up ("After LYFE"). In addition, the Early Head Start programs are in local and national evaluations.

Parent and Child Enrichment Center

Agency: Parent and Child Enrichment Center
Santa Barbara School District
700 E. Anapamu Street
Santa Barbara, California 93103

Telephone: (805) 564-1421
Fax: (805) 965-6812

Contact Person: Wendy Mokler, Director

Annual Budget: \$211,000

Primary Funding Sources:

California School Age Parenting and Infant Development and school district general funds.

Mission:

Provide quality child care for parenting high school students to enable them to continue their education, acquire job skills, and earn a high school diploma.

Profile:

In existence since 1976, the Parent and Child Enrichment (PACE) Center supports and educates school-age parents and their children, as well as high school students who are not parents. It is located on a high school campus that also houses La Cuesta, an alternative high school. The program serves Hispanic (90 percent), African-American (5 percent), and white (5 percent) teen parents and their children. Each year, approximately 20 pregnant teens, 50 teen mothers, and 4 teen fathers in the 7th to 12th grades receive services. Child care is provided on site for 50 infants and toddlers.

Description of Service Model:

The PACE Center is a program component of the Santa Barbara School District designed to serve pregnant and parenting teenagers and their children and nonparent high school students. PACE helps pregnant students continue their high school education while preparing for childbirth and successful parenting. The center provides a child development lab as a requirement for parents and an elective for nonparent high school students. Child care and development services are provided for infants and toddlers.

Evaluation Methods:

Evaluation data include graduation rates and transfers to the local community college.

Project Reach

Agency: Project Reach
Fort Worth Independent School District
100 N. University Drive
Fort Worth, Texas 76107

Telephone: (817) 871-2711

Fax: (817) 871-2711

Contact Person: Nina Jackson, Coordinator

Annual Budget: \$400,000

Primary Funding Sources:

Fort Worth Independent School District; United Way; Pregnancy, Education and Parenting (PEP) grant; and March of Dimes.

Mission:

To assist pregnant and parenting adolescents to either remain in or return to an educational setting until they have graduated or attained a GED.

Profile:

Project Reach, which is based in four city schools, has been providing a variety of coordinated services to pregnant and parenting teens since 1991. Populations served are African-American (54 percent), Hispanic (39 percent), and white (7 percent), ages 11 to 21. On an annual basis, approximately 340 pregnant and 178 teen mothers and 51 teen fathers are served.

Description of Service Model:

Project Reach uses a case management model to assess each participant and prepare an individualized intervention plan. Staff coordinate medical, school, child care, vocational, and other support services for program participants and regularly monitor their grades and attendance. Child care and transportation assistance and academic options, such as summer school, night school, credit-by-exam, and correspondence courses are provided.

The program works closely with other school staff, including school nurses, counselors, teachers, and administrators, both in developing intervention plans and in monitoring progress. Referrals are made to community agencies such as health care providers and

social service agencies and programs, and follow-up is provided to determine if student needs are met.

Evaluation Methods:

Indicators of program success include graduation rates, dropout statistics, and pregnancy outcome statistics, compared with local, state, and national figures.

Pregnant Minor and Infant/Toddler Programs

Agency: Pregnant Minor and Infant/Toddler Programs
Montebello Unified School District
123 S. Montebello Blvd.
Montebello, California 90640

Telephone: (213) 887-7900, extension 2324

Fax: (213) 887-3195

Contact Person: Mary Lou Williams, Counselor

Annual Budget: \$800,000

Primary Funding Source:

California Department of Education

Mission:

Provide continuous, comprehensive services to pregnant and parenting adolescents to help them become good citizens and obtain their high school diploma while learning positive parenting and employability skills.

Profile:

The school-based program has been in existence since 1971 and serves Hispanic (90 percent), white (4 percent), Asian (3.5 percent), African-American (2 percent), and American Indian (.5 percent) students, ages 13 to 19. Approximately 150 pregnant teens, 75 teen mothers, and 20 teen fathers receive services each year. The program also provides child care for 48 children.

Description of Service Model:

The program serves pregnant and parenting adolescents, their infants and toddlers, and their extended families. Infant and toddler care, parenting classes for adolescent mothers and fathers, career counseling, vocational education, academic educational programs, and tutoring are available. The program also features peer support groups, grandparents' programs, mentoring, and individual and group counseling.

Evaluation Methods:

Evaluation data include class records and graduating class statistics. A longitudinal study on the reduction of repeat teen pregnancies is currently being conducted by the UCLA School of Nursing.

Teen Net

Agency: Teen Net
Kearney High School
3610 6th Avenue
Kearney, Nebraska 68847

Telephone: (308) 237-6137

Fax: (308) 237-6141

Contact Person: Peggy Frost, Coordinator

Annual Budget: \$34,000

Primary Funding Source:

Maternal and Child Health

Mission:

Support and guide pregnant and parenting teens at Kearney High School.

Profile:

Since 1992, Teen Net has provided education and support to pregnant and parenting teens. This school-based, community-sponsored program serves approximately 13 pregnant teens, 11 teen mothers, and 1 teen father each year, white (99 percent) and Hispanic (1 percent) students, ages 12 to 20.

Description of Service Model:

Located at Kearney High School, Teen Net is a collaborative program between Kearney Public Schools and Good Samaritan Hospital. Goals of the program include increasing the number of women receiving prenatal examinations in the first trimester; decreasing dropout rates; reducing low birth weight; immunization for children; decreasing abuse (physical, sexual, emotional, and neglect); and reducing teen pregnancy.

The core team consists of the program director, nurse coordinator, school nurse, counselors, students, and families. A secondary team is made up of public and private health and social services professionals and agencies that provide services to pregnant and parenting teens and their families.

The Teen Net team provides individually tailored programs for instruction and support, including selective home visits and credit for alternative education. It also offers easy access to community services, prenatal counseling and information, and parent and life skills training. Parents of teen parents may participate in a support group called *Grandparents Before Our Time*.

Evaluation Methods:

Graduating class statistics, records, and client follow-up indicate the program's success, and an annual report documents accomplishments.

Teen Self Help Demonstration Program

Agency: Teen Self Help Demonstration Program
2301 Avenue J. Ensley
Birmingham, Alabama 35218

Telephone: (205) 715-6137

Fax: (205) 715-6173

Contact Person: Dorothy Patterson, Program Manager

Annual Budget: \$60,000

Primary Funding Source:

Jefferson County Department of Health

Mission:

Support pregnant and parenting teenagers in maintaining a healthy pregnancy, acquiring parenting skills, developing child care job skills, improving academic performance, and continuing in school.

Profile:

The Teen Self Help Demonstration Program is a school-based program that offers education, medical services, psychosocial interventions, and vocational assistance to adolescent parents in an urban area. The program serves African-American (99 percent) and white students in two school locations, ages 13 to 19. On an annual basis, approximately 190 pregnant teens, 25 teen mothers, and 5 teen fathers are served. Child care is provided for 52 children.

Description of Service Model:

The Teen Self Help Demonstration Program was implemented to break the cycle of poverty and feelings of hopelessness, and to build self-sufficiency among high-risk pregnant adolescents, young parents, and their families through educational, medical, psychosocial and vocational interventions. Staffed by a full-time obstetrical nurse and administrative clerk at the school clinic, the program provides prenatal nursing services to pregnant adolescents and offers case management and referral services to all students enrolled in the Birmingham Schools Young Mothers' Program. Home visits are recommended when students are homebound. Triage at school for minor health complaints prevents students from losing classroom time, and a nurse monitors the health

of infants enrolled in the infant care centers at Ensley and Woodlawn High Schools and makes referrals as necessary.

A partnership with Birmingham Public Schools and its Young Mothers' Program provides courses in parenting and occupational child care, and a nurse holds individual and small group counseling sessions to identify positive life options and set life goals. Pregnant and parenting adolescents are encouraged to demonstrate sexual responsibility by identifying alternatives to becoming sexually active too soon. They also develop decisionmaking skills to address their personal problems constructively and to develop a positive direction for their lives. Young fathers are also encouraged to attend group sessions and are taught infant care skills in the infant care centers to help them interact appropriately with their babies.

The program brings together a number of educational and vocational services to promote self-sufficiency among adolescent parents. There are linkages with the Birmingham Schools' Project Soar for after school computer-assisted tutorial services, Lawson State Community College, the Urban League, and the Women in Community Service Program to provide employment placement assistance and, in some cases, entry-level job training. Additional linkages are maintained with social service and health agencies to decrease the barriers that interfere with the normal development of young parents and their children and the successful completion of high school. Support services are also provided to grandparents.

Teen Self Help staff work with school and social service professionals in the Birmingham area to address the serious needs of this special adolescent population. Collaboration with the Department of Human Services, Child Care Resources, and local United Way Welfare Reform Committee to identify and seek solutions for many of the problems that interfere with self-sufficiency, such as child care, transportation, and job training.

Evaluation Methods:

Reduction of low birth weight is assessed through birth records, dropout statistical records indicate school success, and increase in economic self-sufficiency is indicated through graduating class statistics and completion records of occupational courses. Reduction of repeat pregnancies is assessed using data from Young Mothers' Program intake forms and county health data.

Tender Loving Care Teen Parenting Program

Agency: Tender Loving Care (TLC) Teen Parenting Program
Sequoyah Technology Center
9517 Ridge Trail Road
Soddy Daisy, Tennessee 37379

Telephone: (423) 843-4734

Fax: (423) 843-4719

Contact Person: Katherine Faulk, Director

Annual Budget: \$168,789

Primary Funding Sources:

Hamilton County Department of Education; Carl D. Perkins Vocational and Applied Technology grants from the Tennessee Department of Vocational Education; Tennessee Department of Education; federal grants; and local funds.

Mission:

Provide pregnant and parenting teens the opportunity to stay in school, receive a high school diploma, and obtain a marketable job skill through the provision of technology-based education. Provide parenting education, licensed on-site child care, and related support services to meet individual needs.

Profile:

The program, in existence since 1989, offers education and support to pregnant and parenting teens through a school-based program in a rural county area. Each year, the program serves approximately 15 pregnant teens, 40 teen mothers, and 6 teen fathers, students who are white (94 percent) and African-American (6 percent), 13 to 19 years old. On-site child care is provided.

Description of Service Model:

TLC is a comprehensive multidisciplinary program for pregnant and parenting teens. Enrollment is open to all pregnant and parenting teens, enabling these students to remain in school and graduate with a marketable job skill. Education opportunities, parenting education, health monitoring, counseling, and support services provide a basis for each pregnant or parenting teen to become a successful, nurturing parent and a contributing

member of society. Success in school enables them to acquire marketable job skills to enter the job market and become self-sufficient.

Educational services and career counseling are geared toward the student receiving a high school diploma. Students may participate in a school-to-work transition program such as a cooperative educational experience or the tech-prep articulation program with Chattanooga State Technical Community College. A GED is available for students needing this option. Each teen parent must participate in a parenting education component for 1 hour daily through the Careers with Children Curriculum.

To encourage parents to stay in school, the program provides licensed, on-site child care. School buses are equipped with seat belts so that children can ride to and from school with their parents. Through collaboration with community agencies, the program is also able to offer other necessary support services. A registered nurse, social worker, and licensed professional counselor are on staff to offer daily assistance, including family planning and pregnancy prevention services.

Evaluation Methods:

Quarterly and annual reports to local and state educational agencies are used to evaluate achievement of program objectives. The primary indicators of success include enrollment and retention rates, graduation rates, placement and employment data, competency evaluations, and pregnancy/repeat pregnancy rates. A follow-up study is done for each program participant, and records are kept on all infants and toddlers for review as needed.

Trisha Obear Teen Learning Center and Maurice Kirby Child Care Center

Agency: Trisha Obear Teen Learning Center and
Maurice Kirby Child Care Center and (TLC/MKC)
Howard School of Academics and Technology
2500 S. Market Street
Chattanooga, Tennessee 37408

Telephone: (423) 209-5853
Fax: (423) 209-5854

Contact Person: Seaton Bradford (TLC)
Melody Chambers (MKCC)

Annual Budget: \$225,028 (TLC)
\$247,244 (MKCC)

Primary Funding Sources:

United Way; local education funds; federal vocational grant; Tennessee Families First grant; Child Care and Development Block Grant; Hamilton County grants; and City of Chattanooga grants.

Mission:

Provide education, referrals, child care, and related support for pregnant and parenting students to help them stay in school and offer parenting education as an elective for all students.

Profile:

TLC/MKCC, in existence since 1992, is a school-based program located in the city. It serves African-American (97 percent) and white (3 percent) students, ages 14 to 20. Annually, the program serves approximately 82 pregnant teens, 62 teen mothers, and 2 teen fathers. Child care for 64 children, 6 weeks to 4 years old, is available on site.

Description of Service Model:

TLC/MKCC is a multiservice center for students at Howard School of Academics and Technology, a public high school. TLC provides comprehensive services by networking with community agencies to meet students' needs. Child care for students' children is provided by a private, nonprofit agency, Maurice Kirby Child Care. MKCC and other

child care centers throughout the city serve as cooperative learning sites for Careers with Children students, who receive college credit for this program from Chattanooga State Technical Community College after they complete a semester at the college.

Partnerships with a local hospital and with Parents Are First Teachers provide pregnant students information on childbirth and related topics. A TLC-based social worker coordinates the county school system's homebound instruction. Nursing services are available to the teens and their children, including immunization and Women and Infant Children services.

TLC coordinates a Baby Think It Over project funded by vocational monies. Prenatal, parenting, and childbirth education is coordinated through TLC for other interested high schools.

Evaluation Methods:

The program verifies success in improving the health and well-being of children born to adolescent parents through records, annual reports, immunization audits, the Women and Infant Children data base, birth weights, and developmental screenings. It verifies success in reducing dropout rates through graduation statistics and monitors success in reducing repeat pregnancy through records, annual reports, and pregnancy tracking.

Wilde Lake High School Teen Parenting and Child Care Program

Agency: Wilde Lake High School
Teen Parenting and Child Care Program
Howard County Public Schools
5460 Trumpeter Road
Columbia, Maryland 21044

Telephone: (410) 313-7449

Fax: (410) 313-6972

Contact Person: Gerry Maxwell-Jones, Facilitator

Annual Budget: \$133,120

Primary Funding Source:

Howard County

Mission:

Provide educational opportunities for pregnant and parenting teens to move them towards graduation and beyond, and guidance to enable them to meet the changing needs of their families.

Profile:

In existence since 1985, the Teen Parenting and Child Care Program is a comprehensive community program located in a suburban county school and health clinic. On an annual basis, the program serves approximately 6 pregnant teens, 20 teen mothers, and 1 father. Currently, the program serves African-American (69 percent), white (19 percent), and other (13 percent) persons, 14 to 19 years old. On-site child care is provided for 12 to 15 children.

Description of Service Model:

The program offers comprehensive services, including academic programming, health care, and counseling for Howard County public school students, and child care and health services for their children. The program enables pregnant and parenting teens to complete their high school education and receive job readiness training. It also offers pregnant and parenting teens that are not in the program outreach services at their home schools.

The program is a joint endeavor of the Howard County Public School System, the Health Department, the Department of Social Services, the Family Life Scope, Careerscope, and other partners. The success of the program is attributed to the active involvement of community businesses, county health and social service agencies, and volunteers of charitable organizations.

Teen Parenting and Child Care Program is a recipient of the Maryland State Award of Excellence.

Evaluation Methods:

Evaluation data include graduation rates, grades, and postgraduate economic self-sufficiency. The program documents achievements in an annual report.

**Alternative Schools for
Pregnant and Parenting Teens**

Alternative Education Enhancement Project

Agency: Alternative Education Enhancement Project (AEEP)
5727 Sohl Avenue
Hammond, Indiana 46320

Telephone: (219) 933-1556

Fax: (219) 933-1680

Contact Person: William Banham, Project Curriculum Coordinator

Annual Budget: \$410,000

Primary Funding Source:

Healthy Start

Mission:

Provide a one-stop comprehensive program for pregnant and parenting teenage girls, combining a compassionate educational program with medical care, social services, and infant care services that will result in healthy babies, healthy teenage mothers, and more mothers graduating from high school.

Profile:

Since 1994, AEEP has offered medical and social services to pregnant and parenting teens through a comprehensive school-based program. AEEP is a city-located program that serves approximately 85 pregnant teens and 32 teen mothers, plus 12 teen fathers on a referral basis, each year. The population served includes African-American (39 percent), Hispanic (31 percent), white (29 percent), and Asian (1 percent) students, 12 to 20 years old. Child care is offered on site to 20 children.

Description of Service Model:

AEEP provides a one-stop alternative education program for pregnant and parenting female adolescents. The students' needs for safety, a sense of belonging, and emotional support are addressed in an educational environment that includes medical and social services through a variety of partnerships with Healthy Start and school communities of Hammond, East Chicago, Gary, and Lake Station in northwest Indiana. These partnerships fund educational programs, medical services, child care, transportation, and social services to help keep young parents in school and ensure that they receive prenatal care.

The educational component includes a comprehensive academic/vocational assessment to develop an individual plan of study. The plan identifies individual needs and accelerates the process of obtaining a high school diploma or vocational training. In addition, each student receives guidance on how to have a healthy pregnancy. The program offers nutritional counseling and education on the effects of smoking and other behaviors that may lead to poor outcomes. It also provides parenting classes and instruction on developmental milestones of infants. To facilitate attendance, AEEP provides transportation from home to school, and child care is provided for 1 year after the birth of the baby to facilitate the educational process.

A Healthy Start hospital clinic, an on-site office for Healthy Start case workers, and a registered nurse serve clients' medical needs. A staff social worker provides social services intervention.

Evaluation Methods:

Evaluation methods for AEEP include quarterly and annual medical and service evaluations, graduation rates, dropout rates, and medical data for girls enrolled in the program, including birth weights of their babies.

Florence Crittenton School/Human Services Inc.

Agency: Florence Crittenton School/Human Services Inc.
2880 West Holden Place
Denver, Colorado 80204

Telephone: (303) 825-9696
Fax: (303) 825-0922

Contact Person: Sally Hodson, Director

Annual Budget: \$1,027,000

Primary Funding Sources:

Denver Public Schools; Denver Department of Social Services; Mile High United Way; federal block grants; state grants; city grants; foundations; corporations; special events; and individual contributions.

Mission:

Provide a wide range of comprehensive and integrated services to help teen parents and their babies achieve economic self-sufficiency and positive educational, social and health outcomes.

Profile:

In existence since 1893, the Florence Crittenton School is a school- and community-based nonprofit agency that works in partnership with the Denver Public Schools. Programs are located in city, county and urban areas and serve Hispanic (65 percent), African-American (22 percent), white (9 percent), Asian (2 percent), and American Indian (2 percent) populations. Ages range from 11 to 19 for teen mothers and 14 to 21 for young fathers. Approximately 100 pregnant teens, 150 teen mothers, and 60 teen fathers are served each year, and child care is provided for 125 babies.

Description of Service Model:

Founded as a residential home for unwed mothers, the Florence Crittenton School has evolved into a multiservice day program that is the largest provider of services to teen parents in Denver and a recognized leader in innovative, effective, and cost-efficient services for teen parents and their babies. The program will soon change its name to The Florence Crittenton Center for Young Families, which better reflects the broad scope of

the program's mission to help teen parents raise strong, healthy, and self-sufficient families.

The Teen Mothers School Program operates in partnership with Denver Public Schools and collaborates with over 75 different organizations, agencies, and businesses in the Denver community. Using an alternative school model, the program helps pregnant and parenting teens to complete their education, deliver healthy babies, develop effective parenting skills, obtain postsecondary training and employment, acquire marketable job skills, and prevent repeat pregnancies. Comprehensive services include accredited middle and high school academic classes, counseling, case management, prenatal/infant health education, parenting education, support groups, career development/job readiness classes, vocational training, and placement in part-time jobs. The program also sponsors a community outreach pregnancy prevention project.

The Young Fathers Program also works closely with the Denver Public Schools, as well as with over 30 agencies, organizations, and businesses in the Denver community. Using an after school model, the program helps young fathers complete their education, obtain employment, acquire marketable job skills, assume financial support for their children, establish paternity, and develop effective parenting skills. Comprehensive services include parenting education, job readiness training, job placement, counseling, case management, and support groups.

The Infant/Toddler Development Program provides an early learning environment for the babies of teen parents and serves as a child development and parent training lab. Emphasizing a developmental model and providing a highly enriched environment, the program helps infants and toddlers achieve developmental milestones in the cognitive, physical, social/emotional, and language areas.

Evaluation Methods:

Evaluation methods include tracking birth weight statistics, developmental screenings, health monitoring, child abuse and neglect statistics, graduation rates, repeat pregnancy statistics, completion of career training program, employment statistics, and enrollment in postsecondary and vocational training.

Margaret Hudson Program, Inc.

Agency: Margaret Hudson Program (MHP), Inc.
P.O. Box 6340
1205 W. Newton
Tulsa, Oklahoma 74148-0340

Telephone: (918) 585-8163

Fax: (918) 592-2368

Contact Person: Helen Feuerborn, Executive Director

Annual Budget: \$1,200,000

Primary Funding Sources:

Oklahoma State Department of Health; Tulsa Area United Way; and local donations.

Mission:

Provide pregnant and parenting youth an opportunity to continue their education with the support of comprehensive social, health, and child care services (for children up to 2 years of age) and serve as a resource for prevention of adolescent pregnancies.

Profile:

In existence since 1971, MHP provides a comprehensive health, social service, vocational counseling, and academics program for pregnant and parenting teens. In addition, outreach counselors provide services in elementary schools, and services are offered through a health clinic and a church. Each year, approximately 216 pregnant teens, 41 teen mothers, 10 teen fathers, and 207 children receive services. The program's clients are white (49 percent), African-American (33 percent), American Indian (13 percent), and Hispanic (5 percent) students, 12 to 19 years old.

Description of Service Model:

The program is a comprehensive health, social service, vocational counseling, and academics program for pregnant and parenting teens in Tulsa, Broken Arrow, and Owasso. MHP is a nonprofit corporation governed by a Board of Directors representing medicine, nursing, social agencies, education, business, churches, cooperating agencies, parents of MHP students, former students, and community-at-large. The public school systems in each community provide in-kind contributions of facilities and teachers.

School-linked outreach counselors provide education, counseling, and social services through Rogers, McLain, and Central High Schools and through Madison Middle School, all in Tulsa. Since the program's inception in 1968, over 6,000 girls and their infants have been served. The goals are to prevent second pregnancy, enhance mother and infant health, and provide parenting education, career information, and job training. MHP promotes education as a foundation for the future and postponing pregnancy until other life goals are met.

MHP has volunteer leadership and an interdisciplinary team of professional staff that advocate for the special needs of pregnant and parenting youth and their children. Services are individualized. Through individualized health and social services, the program provides family-centered care and fosters family stability.

Evaluation Methods:

The program assesses its success in improving the health and well-being of children born to adolescent parents through case files and medical records. It uses graduating class statistics to assess its success in reducing dropout rates and reviews medical records to determine its success in reducing repeat pregnancies. The extent to which economic self-sufficiency is increased is assessed through follow-up contact.

New Futures School

Agency: New Futures School (NFS)
5400 Cutler, NE
Albuquerque, New Mexico 87110

Telephone: (505) 883-5680
Fax: (505) 880-3977

Contact Person: Sandy Dixon, Principal

Annual Budget: \$1,500,000

Primary Funding Sources:

District; Title I; and child care funds.

Mission:

Provide quality education and access to comprehensive services for pregnant and parenting teens, and encourage responsible parenting decisions and productive adult lives.

Profile:

In existence since 1970, NFS is an alternative school within the Albuquerque Public School District that offers a high school education and support services for pregnant and parenting teens. Annually, NFS serves approximately 550 pregnant and parenting female adolescents and 30 teen fathers. Four cooperative centers offer child care on site for 300 children per year. The service population includes Hispanic (66 percent), white (18 percent), American Indian (9 percent), and African-American (6 percent) students, 12 to 20 years old.

Description of Service Model:

Since 1985, NFS has been a fully accredited, diploma-granting institution, educating over 500 students each school year and 100 students in summer school. Components of the current program include academic programs for middle and high school completion; personal and group counseling; health screening and personal and child health education; access to site-based community health services; access to social services; child development and parenting education; four cooperative child care centers; and summer school.

NFS designs courses that are approved by the New Mexico State Department of Education. A private physician provides prenatal medical care. Classes in prenatal health are a requirement at NFS. The child development component of students' education includes direct instruction and lab experience. English as a second language assistance is available, as are special education classes. Other special classes are provided as support is available.

NFS students come from all Albuquerque public middle and high schools and from schools outside the district. Staff are selected for their professional commitment to equity, their professional expertise in their chosen field, and their ability to seek creative solutions to complex social issues within an educational environment.

Evaluation Methods:

Success is documented in annual reports and determined through health data, demographics, and school records, including graduation, pass/fail and dropout statistics, and scores on standardized tests. In addition, the program surveys students, staff, and other community members.

Paquin Middle/Secondary School for Expectant and Parenting Adolescents

Agency: Paquin Middle/Secondary School for Expectant and
Parenting Adolescents
2200 Sinclair Lane
Baltimore, Maryland 21213-1396

Telephone: (410) 396-9398

Fax: (410) 522-2229

Contact Person: Rosetta Stith, Director

Annual Budget: \$2,000,000

Primary Funding Sources:

State and local education funding.

Mission:

Provide academic instruction to expectant and parenting adolescent females and assist in their efforts to obtain a high school diploma.

Profile:

The Paquin School, located in Baltimore, is an alternative school for expectant and parenting females that has been in existence since 1966. Annually, 600 pregnant teens, 60 adolescent mothers, and 100 fathers receive services. Ninety-nine percent are African-American; the remaining 1 percent are Asian, Hispanic, American Indian, and white populations, 12 to 21 years old. On-site child care is provided for 45 children, 6 weeks to 2 years old.

Description of Service Model:

The school offers college preparatory and occupational preparatory courses to expectant and parenting females. It also houses the only pilot program in the State of Maryland that allows the 3-month waiting period for entry into GED programs to be waived. Students must be 16 years old and must have withdrawn from school to be eligible. The Paquin GED program eliminates inappropriate grade placement for students approaching late adolescence, provides an opportunity to continue their education in a homogeneous and age-similar setting, and offers the opportunity to gain a marketable skill.

In addition to its academic program, the Paquin School seeks to involve family members of teen mothers who may contribute to their educational, social, and family development. It has a senior citizens partnership program and a pair/share entrepreneurial program for grandparents.

Paquin Health Center, a comprehensive satellite health center operated by Maryland General Hospital, is housed in the school, made possible by collaborating with the community, hospital, and extended medical communities. In addition to comprehensive health care, the center offers support groups and counseling for pregnant and parenting teens and their families, and trained mentors who provide support and good role modeling and parenting skills.

Evaluation Methods:

The health and well-being of children born to adolescent parents is monitored by assessing birth outcomes for mothers and babies and the increase in the number of students who breast feed. The reduction of dropout rates is assessed through monitoring and follow up. Reduction of repeat pregnancies is assessed through follow-up of enrolled students. Indicators of increased economic self-sufficiency include students working after school, participating in entrepreneurial programs, or accessing job-related help.

Prep Middle School

Agency: Prep Middle School
67-69 Schermerhorn Street
Brooklyn, New York 11201

Telephone: (718) 935-9451

Fax: (718) 935-0140

Contact Person: Cynthia Gonzalez, Director

Annual Budget: \$150,000

Primary Funding Source:

Central School Board Attendance and Improvement Dropout Prevention funds

Mission:

Address the complex needs of young adolescents who are pregnant or parenting while in the middle grades by providing a nurturing and supportive environment that links academic excellence, health and social/emotional developmental issues, parenting skills, and fostering of independence.

Profile:

In 1993, Community School District #1 created and implemented Prep Middle School. It is an alternative school that serves African-American (75 percent) and Hispanic (25 percent) students in a city locale, 11 to 15 years old. Currently, approximately 15 pregnant and 15 parenting female teens are served, with on-site child care provided for 3 children.

Description of Service Model:

Prep Middle School serves grades 6-8. The program offers a rich academic program utilizing multiple approaches to learning. Staff work intensively with the young students and their families to improve parenting skills and self-esteem, seeking to provide a range of counseling and support services in a nurturing environment.

Services include on-site child care, parenting classes for mothers, early childhood education, case management, and academic programs. The school also offers individual and group counseling, as well as health and HIV/AIDS education.

Evaluation Methods:

The program assesses progress in improving the health and well-being of children born to adolescent parents through comparative studies. It also monitors the reduction of dropout rates through graduating class statistics. In addition, it follows up with clients to determine whether there have been repeat pregnancies and to assess economic self-sufficiency.

Silver Springs High School

Agency: Silver Springs High School
12338 McCourtney Road
Grass Valley, California 95949

Telephone: (530) 272-2632
Fax: (530) 272-2687

Contact Person: Marilynn Keeble, Principal

Annual Budget: \$946,823

Primary Funding Sources:

State of California and the Child Care Food Program.

Mission:

Assure that all students receive an integrated academic and vocational curriculum leading to postsecondary success. Provide an education that balances equity and excellence, causes students to personally engage in their own learning, and develops individuals who are caring and comfortable dealing with change, capable of explaining what they know, and able to use that knowledge in the context of the 21st century.

Profile:

In existence since 1983, Silver Springs is an alternative high school located in a rural area. The school serves white (93 percent), Hispanic (3 percent), American Indian (3 percent), and Asian (1 percent) students, 14 to 20 years old. It reaches approximately 36 pregnant teens, 59 teen mothers, and 17 teen fathers each year. It also provides on-site child care for 40 children.

Description of Service Model:

Silver Springs, a continuation high school located in the rural community of Grass Valley, is one of four main high schools comprising the Nevada Joint Union High School District. The school's primary focus is meeting the needs of pregnant and parenting teens. Since 1983, collaborative agreements with local service providers have expanded to include over 40 community resources. The Adolescent Family Life and Cal Learn Programs provide comprehensive case management to promote effective utilization of health, mental health, psychosocial, and educational services, thus promoting health,

positive birth outcomes, positive parenting, mitigation of high risk influences, and school success.

Silver Springs believes in "building bridges, not walls." Students and faculty work as a team, feel good about their school, and are emotionally connected to it. They are expected to be informed and involved, and to make a difference. Silver Springs is a nonviolent place where people feel safe; where people learn; where each and every individual has value and worth; and where prejudice, bigotry, and sexism are not tolerated.

The Silver Springs program, *Graduation with Portfolio*, was implemented in 1996 as a powerful tool for students to identify their unique capabilities and long-range career goals and to assume responsibility for their own success. The Portfolio Exhibition piece provides future employers and educational institutions with an accurate portrayal of the student's personal skills, abilities, and experiences.

In 1997 the Silver Springs Family Health Center became a true community collaborative with fund from the Sierra Nevada Memorial Hospital, the Nevada County Health Department, Sierra Care Physicians, and the Nevada Joint Union High School District.

Evaluation Methods:

Silver Spring assesses its success through case management, including LODESTAR, a statewide system for case management services, and informal polls.

St. Mary's Alternative School

Agency: St. Mary's Alternative School
St. Mary's Women and Infants Center
90 Cushing Avenue
Dorchester, Massachusetts 02125

Telephone: (617) 436-8600, extension 282
Fax: (617) 288-9476

Contact Person: Catherine Brown, Teacher/Coordinator

Annual Budget: \$100,000

Primary Funding Source:

Boston Public Schools

Mission:

Provide a secure, nurturing, and supportive environment that encourages students to maintain current grade level instruction while pregnant and facilitate direct reentry into the larger school community following childbirth.

Profile:

St. Mary's Alternative School, in existence since 1973, is lodged in a community-based facility in an inner city. On an annual basis, approximately 62 pregnant and 5 parenting teen mothers enroll in the school, and child care is provided on site for 5 children. The program serves African-American (40 percent), Hispanic (32 percent), white (13 percent), other (Cape Verdean, Jamaican, Haitian) (10 percent), and Asian (5 percent) students, 11 to 19 years old.

Description of Service Model:

The school provides a wide range of services to pregnant adolescent mothers, including prenatal education, parenting classes, life skills education, academic and vocational programs, health and HIV/AIDS education, violence prevention training, job placement, peer leadership program, and career counseling.

Evaluation Methods:

Success of the program is measured by graduation rates, follow-up, and job placement records.

Teen Parent Program

Agency: Teen Parent Program
Vista High School
One Panther Way
Vista, California 92084

Telephone: (760) 726-5611, extension 4125

Fax: (760) 630-9738

Contact Person: Marty Ullrich

Annual Budget: \$235,000

Primary Funding Source:

California School Age Parenting and Infant Development funds

Mission:

Provide an opportunity for each pregnant and parenting teen to complete school and become a self-supporting, contributing member of the community.

Profile:

In existence since 1985, Teen Parent Program is an alternative school-based education program in a city locale. The population served is Hispanic (80 percent), African-American (10 percent), and white (10 percent) students, 14 to 18 years old. Approximately 20 pregnant and 32 adolescent mothers are served annually. Child care for 40 children is provided.

Description of Service Model:

The program provides alternative education for pregnant minors and teen parents. Located on the Vista High School campus, it offers academic and elective courses on independent study contracts. Students are mainstreamed for part of the daily schedule into such courses as health, sciences, advanced math, art, business courses, physical education, and work experience to fulfill graduation requirements.

Evaluation Methods:

Success is measured by graduation and employment rates, follow-up surveys, and repeat pregnancy rates.

Community-Based, School-Linked Programs

A Step Up

Agency: A Step Up
6303 Wadsworth Bypass
Arvada, Colorado 80003

Telephone: (303) 275-7550
Fax: (303) 275-7509

Contact Person: Katy Kupecz, Executive Director

Annual Budget: \$492,000

Primary Funding Sources:

Foundation and government grants; special events; corporate gifts; earned income; and donations.

Mission:

Develop a positive future for communities by reducing teen pregnancy, supporting and encouraging youth to make responsible choices, and strengthening families.

Profile:

Founded in 1993, A Step Up offers prevention services to students at risk of pregnancy and parenting classes and support groups for pregnant and parenting teens. This school-linked program is located in a community facility and serves a suburban population consisting of white (58 percent), Hispanic (33 percent), African-American (3 percent), Asian (2 percent), and other (4 percent) populations, 10 to 19 years old. Annually, the program serves approximately 70 pregnant or parenting teenage girls, 10 teen fathers, 50 young females at high risk for pregnancy, and 75 teenage girls reached through school and community-based mentoring.

Description of Service Model:

A Step Up addresses youth issues through community education programs, school and community-based mentoring programs, teen activities and leadership programs, and counseling and case management services for pregnant and parenting teens. Individual counseling, support groups, parenting classes, and fatherhood classes are offered.

Community education programs encourage parents to talk to their children about sexuality issues and facilitate anger management classes for parents and youth. A Step Up

also hosts community forums on the development of assets in youth, provides parenting classes in the community, and offers adolescents hands-on experiences with an infant simulator. School and community-based mentoring programs link positive adult role models with elementary and middle school students. The programs offer positive recreational and social activities, emphasize academic achievement, and encourage friendships with mentors and other youth in the program.

Teen activities encourage youth to engage in fun and positive behaviors in safe places where they can expand their horizons, explore and develop new skills, and build positive support systems. Coupon books provide free, safe activities for teens, including swimming, basketball, art, dancing, and skating. An on-site computer lab offers free use of computers and state-of-the-art programs. Summer day camps for at-risk middle school girls offer social, recreational, and cultural programs. Scrap booking for teen parents is designed to enhance parental bonding with their babies in social gatherings.

The teen leadership program acknowledges that all youth possess skills and resources that society needs and should value. The program provides youth opportunities for responsible and meaningful contributions. Teens are actively involved in the development and production of *Another Addition*, a newsletter by and for teen parents. Teens serve on the speakers' bureau for the Think Twice Teen Pregnancy Prevention Panel and Peers in Community Leadership. They work on community service projects designed to foster a feeling of pride and investment in their community. The Teen Advisory Board brings area high school students together to discuss pertinent issues, actively take part in the community, and acts as a sounding board for the board of directors for A Step Up.

Evaluation Methods:

A Step Up evaluates process and outcome measures through surveys that document knowledge, attitude, and skill development. Follow-up contacts assess outcomes through anecdotal information.

Chicago Healthy Start

Agency: Chicago Healthy Start
33 E. Congress
Chicago, Illinois 60628

Telephone: (312) 793-8292

Fax: (312) 793-4666

Contact Person: Jerry Wynn

Annual Budget: \$2,500,000

Primary Funding Source:

Healthy Start

Mission:

Provide comprehensive services to reduce infant mortality.

Profile:

Founded in 1992, Chicago Healthy Start is a school-linked program that provides case management, including medical and social services, for approximately 1,061 pregnant and 3,185 parenting adolescents, 11 to 18 years old, on an annual basis. Chicago Healthy Start is housed in a community-based facility located in the inner city. The population served is African-American (41 percent), white (37 percent), and Hispanic (22 percent). On-site child care is provided.

Description of Service Model:

Chicago Healthy Start seeks to reduce infant mortality for the communities of Douglas Grand Boulevard, West Town, New North, New South, and New West. The program uses the community-driven service integration model of one-stop shopping. Services include case management and outreach, prenatal and well baby care, and nutrition, health, HIV/AIDS, parenting and early childhood education. Chicago Healthy Start also offers academic programs, job placement, academic diplomas, and career counseling. In addition, the program provides counseling for fathers and grandfathers.

Evaluation Methods:

Success is monitored through a case management information system, graduation rates, and job placement statistics.

Crisis Pregnancy Center of Columbia, Inc.

Agency: Crisis Pregnancy Center of Columbia, Inc.
119 Nashville Highway, Suite 102
Columbia, Tennessee 38401

Telephone: (931) 381-4024

Fax: (931) 381-4024

Contact Person: Linda Casner, Director

Annual Budget: \$50,000

Primary Funding Sources:

Private donations; churches; fundraising; and United Way.

Mission:

Help women in crisis pregnancies make an informed decision based on a Biblical standard encouraging them in purity, hope, and the sanctity of human life.

Profile:

In existence since 1994, the Crisis Pregnancy Center operates from a community-based facility in a city locale. It provides a wide range of education and support services to approximately 100 pregnant teens, 50 adolescent mothers, and 20 teen fathers each year. The service population is white (65 percent), African-American (30 percent), and Hispanic (5 percent), 11 to 19 years old.

Description of Service Model:

The center provides information and education about pregnancy and prenatal development, abstinence education in both churches and schools, and sexually transmitted disease education. The center also provides sex education in the school system conducted by Middle Tennessee Nurses for Health Education. A parenting class, My Baby and Me, is also offered.

Additional services include free pregnancy tests and supplies, including maternity clothes, baby clothes and furnishings, diapers, formula, and extensive referrals to community resources and information on medical, legal, and adoption resources.

Counseling and support groups provide emotional and personal support for grandparents and fathers, and recovery groups and individual sessions for post-abortion, rape, and incest provide support to teenage girls.

Evaluation Methods:

Success is indicated through records and follow-up questionnaires.

Hannah House, Inc.

Agency: Hannah House, Inc.
P. O. Box 591
Lebanon, New Hampshire 03766

Telephone: (603) 448-5339
Fax: (603) 448-5398

Contact Person: Randy Walker, Executive Director

Annual Budget: \$463,499

Primary Funding Sources:

New Hampshire Health and Human Services; other government agencies; grants; fundraising (general and corporate); and interest income.

Mission:

Support pregnant and parenting youth in developing independence and in making healthy parenting choices, thereby promoting their own well-being and that of their children.

Profile:

Hannah House, Inc. is a school-linked nonprofit program located in a small city. The program, which began in 1988, offers a residential facility, outreach, vocational training, and other support for young parents. Its service population includes white (86 percent), Hispanic (8 percent), African-American (2 percent), Asian (2 percent), and American Indian (2 percent) youth, 13 to 24 years old. Annually, the program serves approximately 30 pregnant teens, 80 teen mothers, and 12 teen fathers. Child care is provided on site for 24 children.

Description of Service Model:

The program takes a comprehensive approach to the needs of pregnant and parenting teens on both the New Hampshire and Vermont sides of the Upper Connecticut River Valley. Services include a six-bed residential program, community-based outreach, child care for infants and toddlers, outreach and vocational programs, vocational services, and a domestic violence prevention program. Dartmouth Hitchcock Medical Center and Dartmouth Midwives monitor the health of residents and their babies.

The residential program, the only one for pregnant and parenting teens in New Hampshire, focuses on independent living and parenting skills. Participants must either attend school or be involved in a vocational program to earn a GED and get job placements. Residents run the house, do chores, cook, and shop for food. Case management, parenting groups, home visits, and networking are part of the outreach component. Job readiness skills, job shadowing and placement, and GED prep are also available. The Partners in Parenting Education (PIPE) curriculum is used in parenting group sessions and in home visits.

A vocational worker co-facilitates a family relationships group that emphasizes violence prevention. This project is designed to stop domestic violence in new families before these patterns take hold.

Evaluation Methods:

The program verifies its success in improving the health of children and parents by monitoring the health of residents and their babies. It assesses its success in reducing repeat pregnancies through initial assessments and follow-up after participation in parenting classes.

Horizon Youth Service Center

Agency: Horizon Youth Service Center
806 Morgan Blvd., Suite B
Harlingen, Texas 78550

Telephone: (956) 452-1453
Fax: (956) 428-1454

Contact Person: Margo Jaenike, Executive Director

Annual Budget: \$200,000

Primary Funding Source:

Texas Commission on Alcohol and Drug Abuse

Mission:

Prevent teenage pregnancies and deter child abuse and substance abuse among high-risk youth.

Profile:

Horizon Youth Service Center, officially known as the Cameron County Task Force on Reducing Teenage Pregnancy, has been in existence since 1984. It now serves a three-county area, offering prenatal and parenting education at schools and other community sites. It serves Hispanic (95 percent) and white (5 percent) populations in city, urban, and rural areas. On an annual basis, the program serves approximately 300 pregnant or parenting teenage girls and 50 teen fathers, 13 to 18 years old.

Description of Service Model:

The center is a community-based nonprofit organization serving the southern tip of Texas, with Mexico to its immediate south and the Gulf of Mexico to the east. Horizon began its mission by centering on prevention and the problems of teenage pregnancy and parenthood. It concentrated on improving the health of those teens who become pregnant and enhancing their parenting skills, stressing healthy pregnancies, staying in school, and independence from welfare. As the center's programs grew to meet clients' needs, it expanded to provide information on postpartum issues, child development, child abuse prevention, and substance abuse prevention.

The focus of Horizon continues to be on primary prevention in the areas of teen pregnancy, substance abuse, violence, and mental health issues, which are often interconnected. Its activities help teenagers develop adequate skills for self-determination, decisionmaking, peer pressure, resiliency, and understanding the far-reaching consequences of high-risk behaviors. Horizon's primary prevention programs target 10 – 15-year-olds and include abstinence-based education, resiliency training, and a special female issues only group for young female status offenders. All program activities are free and are bilingual (English and Spanish).

Evaluation Methods:

Horizon uses statistical information, records, and case follow-up.

Inwood House

Agency: Inwood House Teen Parent Training and Support
Teen Pregnancy and Prevention Programs
320 East 82nd Street
New York, New York 10028

Telephone: (212) 861-4400

Fax: (212) 861-3791

Contact Person: Kathleen Severin, Director, Public Affairs

Annual Budget: \$3,290,000

Primary Funding Sources:

City, state, and federal funds and private foundation, and individual support.

Mission:

Help stigmatized and neglected adolescents break the cycle of dependency and hopelessness engendered by too-early parenthood.

Profile:

In existence since 1830, Inwood House offers pregnancy and disease prevention education in inner-city schools, a 24-hour maternity residence, and educational and vocational guidance. Working from an urban, community-based facility, the program serves Hispanic (50 percent), African-American (45 percent), and other (5 percent) populations, 10 to 24 years old. On an annual basis, Inwood House serves approximately 145 pregnant teens, 800 teen mothers, and 40 teen fathers.

Description of Service Model:

Inwood House offers a multidisciplinary approach to its Teen Parent Training and Support programs. The 24-hour maternity residence provides a safe home for homeless pregnant teenagers where they receive meals, counseling, prenatal care, and schooling sponsored by the Board of Education. Inwood House offers residents classes in parenting and independent living skills, health, nutrition, and fitness that prepare them to be good parents and self-sufficient adults. Staff include social workers, a nurse, and psychiatrist.

Once the young mothers leave the maternity residence, the Adolescents-In-Training Program provides them with a support network of transition groups, educational and vocational counseling, independent skills training, and parenting classes.

Inwood House also offers Mother/Baby Foster Care, using a national model it pioneered in 1968. The program places teen mothers and their new babies in foster homes, which provide safe, protected family environments in which young mothers can continue their education and prepare for careers. Additionally, teens have the opportunity to learn valuable parenting, social, and life skills from the foster families. The family child care program also provides affordable child care for infants.

The Peer-to-Peer Mentoring Program pairs former maternity residents with pregnant teens currently in the residence. These peer mentors emphasize the benefits of education and provide insight into the challenges of caring for a baby and setting up a household.

A Young Fathers' Program helps adolescent fathers, 14 to 21 years old, to assume their share of parental responsibilities and serve as positive role models for their children. The program provides parenting and family planning classes, educational and vocational referral and placement, team sports, counseling, and positive peer influence in a supportive atmosphere. Senior young fathers serve as mentors in a school-based prevention program.

Teen Family Services, a satellite center in the South Bronx, connects pregnant and parenting teens to medical and prenatal care, housing, family planning, continuing education, employment, and child care.

Evaluation Methods:

Inwood House maintains comprehensive records to monitor the progress of all participants in its Teen Parent Training and Support programs. Depending on the program, this information will include follow-up studies, long-term tracking, informal polls, surveys/questionnaires, demographic data, repeat pregnancy rates, health records, psychological assessments, incident reports, and client discharge plans.

Lula Belle Stewart Center, Inc.

Agency: Lula Belle Stewart Center (LBSC), Inc.
1534 Webb Avenue
Detroit, Michigan 48206-1348

Telephone: (313) 867-2372
Fax: (313) 867-4130

Contact Person: Edna T. Walker, Executive Director

Annual Budget: \$3,500,000

Primary Funding Sources:

United Way; local, state, and federal government grants; fees; foundations and trusts; general contributions; and agency special events.

Mission:

Provide services that promote the well-being of children and youth and enable pregnant and parenting adolescents and young adults to become self-sufficient, responsible parents. Provide permanent and secure homes for children and youth who are in temporary domiciles and safe, affordable housing for young, low-income families, homeless persons, persons with disabilities, and senior citizens.

Profile:

LBSC, in existence since 1972, is a school-linked program located in four urban community-based sites in metropolitan Detroit that offers a wide range of services to pregnant and parenting teens and young adults, their families, and their children. On an annual basis, the center serves approximately 245 pregnant teens, 232 teen mothers, 74 teen fathers, and on-site child care for 53 children. Clients are African-American (97 percent), white (2 percent), and Hispanic (1 percent), 12 to 21 years old.

Description of Service Model:

LBSC is a comprehensive community-based program offering services to pregnant and parenting teens and young adults, their children and families. The center works collaboratively with schools, religious institutions, private industry, and community groups. Case managers integrate referral services for adolescent parents, ensuring coordinated delivery of services to address the emotional, social, and developmental needs of program participants. LBSC also engages in ongoing advocacy, public

education, and community action to influence public policy and issues affecting the lives of children, youth and families.

The center provides an array of services designed to promote the health, safety, and well-being of program participants and to encourage their independence and self-sufficiency. These include home-based counseling, pregnancy prevention services, child care, parenting education, early childhood development services, specialized foster care for teen parents and their infants, traditional family foster care, and adoption services. The center also sponsors a male responsibility program and a transitional-living apartment facility for mothers and their infants.

Lula Belle Stewart Center offers a Care Program, Teen Parent Case Management Program, and Home-Based Counseling Program. Each uses a different design model and different intervention strategies, but similar goals and outcomes enable the Center to recover consistent cross-program data and evaluate success. Each program features individual, family and group counseling, assessment, and referral to needed community resources and provides direct assistance to alleviate situational problems experienced by teen parents. Problem areas addressed are housing, finances, employment, secondary education, career and vocational training, prenatal, postnatal, and preventive health care, parenting skills, transportation, and family relations. Through home visits and extensive outreach activity, case managers see to the emotional, social, and developmental needs of those seeking LBSC services.

Referrals for services are generated from various community organizations, but most teen participants are self-referred. The average length of service is 6 to 12 months.

Evaluation Methods:

Internal measurement tools include case assessment forms, monthly statistical reports, client medical records, and self reports. In addition, the program undergoes independent evaluations.

Mama and Me Child Saving Institute

Agency: Mama and Me Child Saving Institute
115 South 46th Street
Omaha, Nebraska 68132

Telephone: (402) 553-6000

Fax: (402) 553-2428

Contact Person: Sabrina Prince, Director

Annual Budget: \$65,000

Primary Funding Source:

United Way

Mission:

Provide home-based education and support to pregnant and parenting adolescents to improve their children's lives.

Profile:

Since 1990, Mama and Me has provided services throughout the greater metropolitan Omaha area to support adolescent females and their babies. Annually, it serves approximately 100 pregnant and parenting female teens and 15 teen fathers. The program's clients are white (50 percent), African-American (45 percent), Hispanic (3 percent), and American Indian (2 percent), 12 to 21 years old. The program is located in a city human service agency.

Description of Service Model:

The Mama and Me program targets pregnant and parenting adolescents, providing individual home-based support, agency-based group support, and community-based resources. All services are directed at building self-sufficiency, increasing parenting skills, preventing child abuse, and decreasing subsequent pregnancies. The program assesses individual strengths and needs, then offers services that are specific and relevant to the individual.

The Mama and Me program serves adolescent females who are experiencing pregnancy or parenting for the first time. Although the adolescent mother serves as the program's primary client, its personnel also attempt to include the child, father of the child, and

family members in services provided. The program is free and voluntary. Typically, it offers services for 6 months to a year.

Evaluation Methods:

Indicators of program success include educational progress, instances of child abuse or neglect, and subsequent pregnancies. Documentation includes quarterly reports.

Raising Hopes Infant and Teen Support Center

Agency: Raising Hopes Infant and Teen Support Center
10 Distillery Drive
Westminster, Maryland 21158

Telephone: (410) 876-4849

Fax: (410) 857-8793

Contact Person: Laurie Jones, Service Coordinator

Annual Budget: \$100,000

Primary Funding Sources:

Community Development Block Grant; Maryland State Department of Human Resources; Governor's Council on Adolescent Pregnancy; United Way; community and church support; and donations.

Mission:

To provide support and licensed child care for teenage parents to enable them to stay in school and graduate, and move on to higher level of education.

Profile:

Raising Hopes Infant and Teen Support Center is a school-linked program that operates in both rural and city-based sites. Since 1995, the program has provided case management, support groups, transportation, counseling, financial support, and developmental child care. It serves up to 10 pregnant teens, 25 teen mothers, and 8 teen fathers annually. Program participants include white (60 percent), African-American (10 percent), Asian (10 percent), Hispanic (10 percent), and other (10 percent) populations, 13 to 20 years old.

Description of Service Model:

This program, which is part of the Carroll County Family Center, was started by the Carroll County Coalition on Teen Pregnancy, Parenting, and Prevention. The program is designed to provide a strong environment for learning and growth to teen parents and their children, including child care, and to reduce high school dropout rates of teen parents. Support services are provided to teen parents with children 6 weeks to 3 years old. Parenting education classes, a male/father support group, and case management are

offered during and after school hours, empowering parents to finish their education and gain the skills needed to become self-sufficient. Services are available to parents attending high school or college.

The use of the licensed day care services requires mandatory weekly attendance of Teens Talking Together, a group setting that provides parent education, information on the availability of community services, and a place to discuss concerns and issues in a friendly atmosphere. Once a month there is also the opportunity for grandparents to participate in a support group activity. Vouchers are offered to assist teens with transportation. In-house counseling is available to any teen parent family enrolled in the program.

Evaluation Methods:

The program monitors school attendance, grades, and college enrollment. It also conducts surveys and follow-up.

Teens Entering College Now

Agency: Teens Entering College Now (TEEN)
Centralia College
600 W. Locust
Centralia, Washington 98531

Telephone: (360) 736-9391, extension 341
Fax: (360) 330-7502

Contact Person: Lori Weintraub, Manager

Annual Budget: \$350,000

Primary Funding Sources:

Washington Basic Education Funds; federal Carl Perkins funds; and local grants and contracts.

Mission:

Provide participants with the opportunity to be successful students and parents, moving them toward independence and fulfillment of life goals that are healthy for them and sustaining for their families.

Profile:

Teens Entering Education Now (TEEN), in existence since 1994, is a case management, dropout retrieval program located on a college campus and in a church. Local school districts contract with TEEN to provide services to teen parents, including on-site child care. The TEEN Program serves an average of 110 teen parents and their families each year, including approximately 10 teen fathers. Population demographics are white (81 percent), Hispanic (12 percent), American Indian (6 percent), and Pacific Islander (1 percent) youth, 16 to 21 years old.

Description of Service Model:

Ninety percent of TEEN enrollees had dropped out and were not served by a school system. The program focuses on high school graduation to enhance the ability of teen parents to earn a living wage. Collaboration with 10 Lewis County school districts enables TEEN to provide tuition, books, and services for students. Retention continues to be an issue when working with teens who are pregnant and parenting, and the program drops an average of five students for nonattendance each quarter.

All TEEN students receive credits towards high school completion. A program core course available every quarter teaches study skills, self-esteem, goal setting, equity issues, healthy sexual decisionmaking, and career and academic planning. TEEN also offers leadership opportunities through conferences, special events, and an active student advisory component. Personal contact with the program manager and the program counselor/therapist encourage accountability and problem solving to overcome barriers that stand in the way of attending or succeeding at school. A program van, utilized by 45 percent of TEEN students, meets the need for reliable transportation to and from school.

Developmentally appropriate child care with professional teachers is provided to approximately 60 percent of TEEN families and is a child study lab for the Centralia College Early Childhood Education program. Parent hours in the child care center are required of all parents of children enrolled in TEEN child care.

Pregnant and parenting teens in the program are required to take a parent education class for college credit that uses a learning center approach, and the class is available to teen parents at local high schools. The course addresses safety, discipline, nutrition, health, and child development, among other topics.

TEEN counselors link students to services and service providers as part of the maternity case management component. Those collaborations include school districts, the health department, juvenile justice, family planning providers, and community members and organizations. TEEN also runs a Mother Mentor Project for teen mothers in the TEEN Program and others in the community.

Evaluation Methods:

Evaluation data include graduating class statistics and student progress (e.g., grade reports). Program achievements are documented in an annual report.

Young Family Independence Program

Agency: Young Family Independence Program (YFIP)
700 5th Avenue, Suite 3700
Seattle, Washington 98104-5037

Telephone: (206) 296-5220

Fax: (206) 205-6565

Contact Person: Patricia Lemus, Administrator

Annual Budget: \$750,000

Primary Funding Source:

King County

Mission:

Help young families break the cycle of poverty by becoming personally responsible and economically self-sufficient and provide resources to improve their health and well-being.

Profile:

In existence since 1987, YFIP is a comprehensive school-linked program housed in a suburban county facility. Annually, the program serves approximately 40 pregnant teens, 100 teen mothers, and 91 teen fathers. YFIP's students are white (60 percent), African-American (20 percent), Asian (10 percent), and Hispanic (10 percent), 13 to 21 years old.

Description of Service Model:

YFIP offers a long-term comprehensive and coordinated case management approach to services for low-income pregnant and parenting teens and their families. Services at six sites include health care, parenting education, life skills development, professional counseling, academic tutoring, school completion, occupational skills training, employment, and referral services for child care and other services. An important goal of the program is increasing the clients' self-respect and self-esteem.

King County administers YFIP on behalf of multiple service providers. Each site has a case manager who visits homes, a public health nurse, a mental health therapist, and a nutritional aide. Local providers involve the community in the design of programs offered at each of the program locations.

YFIP has created a holistic service model by networking with all the agencies needed to provide the resources and services for success. These agencies include the health department, school districts, community and technical colleges, Department of Social and Health Services, Youth and Family Network Services, and an array of churches, coalitions, and organizations that have mobilized to address the problems of teen pregnancy and parenting.

The cornerstone of YFIP is to help teens develop individual education plans that will either place them back in high school or in a GED program, with follow-up vocational training and postsecondary educational programs. Case managers assist teens in obtaining grants and scholarships to fund tuition, books, and child care.

Evaluation Methods:

Success is documented through quarterly progress reports, termination forms, 90-day and 12-month follow-up, and an annual independent evaluation.

Y's Parent Center

Agency: Y's Parent Center
YWCA of Lincoln
Lincoln, Nebraska 68508

Telephone: (402) 434-3494
Fax: (402) 476-0519

Contact Person: Jill Richardson, Coordinator

Annual Budget: \$120,000

Primary Funding Sources:

Department of Education; Department of Health and Human Services; City/County Joint Budget Committee; local foundations; contributions; and other sources.

Mission:

To assist pregnant and parenting teenage women in the development of skills that empower them to overcome obstacles created by teen pregnancy.

Profile:

Housed in a community-based facility, the Y's Parent Center is a school-linked educational program that has been in existence since 1986. The program serves white (65 percent), African-American (25 percent), and Hispanic (10 percent) students, ages 13 to 20. Approximately 80 pregnant and parenting teen mothers receive services on an annual basis, and child care is provided on site for 64 children up to 4 years of age.

Description of Service Model:

The program serves young women up to 20 years old who are pregnant or parenting. Services are offered to help teens complete their education and to assist in the development and implementation of plans leading to financial and emotional security. The program seeks to reduce the incidence of second teen pregnancies and to prevent child abuse through parenting skills training and early detection of potentially abusive behavior. It also increases participants' awareness and utilization of community resources.

Classes held in the afternoons include a support group facilitated by a counselor that emphasizes understanding child development and parenting and offers a monthly parent-

child activity, pregnancy wellness as a supplement to Lamaze, career identification and exploration, and independent living skills. An academic class offers self-paced study, tutoring, or a streamlined program for GED completion. For those who have completed high school, assessments and resources are available to help them investigate career and postsecondary educational options. The program emphasizes contact with representatives of community agencies as a means of building a strong network of resources.

Evaluation Methods:

Success is monitored through records and documented in annual reports.

Youth Health Service, Inc.

Agency: Youth Health Service (YHS), Inc.
971 Harrison Avenue
Elkins, West Virginia 26241

Telephone: (304) 636-9450
Fax: (304) 636-7057

Contact Person: Margy Burns, Executive Director

Annual Budget: \$480,000

Primary Funding Sources:

Medicaid and private insurance reimbursements.

Mission:

Help families and communities support and safeguard the vitality and growth of children between the ages of conception to 18 years and assist pregnant and parenting adolescents in raising healthy children and becoming financially self-sufficient.

Profile:

Located in a community-based facility in a rural county area, YHS is a comprehensive school-linked program that has been in existence since 1978. Approximately 29 pregnant and 50 parenting adolescent mothers enroll each year, child care is provided for 50 children, and teen fathers may receive some services but are not formally enrolled. The program serves white (98 percent), African-American (1 percent), and American Indian (1 percent) students up to 18 years of age.

Description of Service Model:

YHS is a private, nonprofit agency established to provide comprehensive health and social services, directly or by referral, to adolescents in Randolph County and surrounding communities and to their families. Program services are designed on a public health model of staged risk assessment and enhancement of protective factors. A strengths-based case management system links and coordinates age-appropriate services (on and off site) for each individual client and family. Each program division (Early Childhood, Children's Service, Adolescent) is staffed with a multidisciplinary team of professionals.

YHS Adolescent Pregnancy and Parenting programs were developed through two demonstration projects funded by the Office of Adolescent Family Life, which continues to provide service through third-party reimbursements and community support. The YHS Preventative Health Service Division offers health education and support services during pregnancy. After delivery, the parent is encouraged to take advantage of parenting education and support and to enroll the baby in the Early Childhood Division for continuous services that enhance the child's development. The agency provides prevention services to students on site at the Elkins Junior High School and works closely with the school system to encourage students to stay in school and at grade level during the early parenting period.

Services provided to pregnant adolescents include prenatal and childbirth education, supportive counseling, regular monitoring of health status, ongoing health education related to their pregnancy, and parenting education. Individual and family therapy services are available as well. If appropriate, teens are referred off site for drug/alcohol treatment and followed up at YHS. GED classes are offered on site for adolescent parents already out of school. Transportation, space, and child care services are provided by YHS, and the school system provides the teacher and supplies.

Infants and children of adolescents are enrolled in the Early Childhood Service Division, which includes child care, developmental assessments, parenting education, parent-child interaction groups, and infant stimulation to promote healthy development. An individualized plan is developed by a multidisciplinary team that includes the parents. Community linkages with schools, health care providers, social services, churches, and civic groups play a vital role in providing comprehensive community-based services to adolescents and their families.

Evaluation Methods:

State and county statistics for adolescent pregnancy and low birth weight in the YHS catchment area are success indicators.

School- and Community-Based Programs

Mercy Children's Medical Center

Agency: Mercy Children's Medical Center
Community Programming
1515 Locust Street 3MHC, Room 322
Pittsburgh, Pennsylvania 15219

Telephone: (412) 232-7312

Fax: (412) 232-7389

Contact Person: Michelle Rupert, Coordinator, Community Programs

Annual Budget: \$500,000

Primary Funding Sources:

U.S. Department of Health and Human Services, Office of Adolescent Pregnancy and Prevention; Grable Foundation; Heinz Endowments; and Mercy Hospital of Pittsburgh.

Mission:

Design, implement, and evaluate a comprehensive network of care and prevention services that will help meet the physical, emotional, psychosocial, and educational needs of adolescents who are pregnant or parenting or who are at risk for teen pregnancy.

Profile:

In existence since 1992, Mercy Children's Medical Center offers community-based, school-based, and home-based programs through four schools and two community facilities in an inner city. Each year, approximately 100 pregnant teens, 50 to 100 teen mothers, and 25 teen fathers receive services. Clients include African-American (75 percent) and white (25 percent) youth, 11 to 18 years old.

Description of Service Model:

The program at Mercy Children's Medical Center promotes abstinence and reduction of pregnancies among preadolescents and adolescents in the Pittsburgh Southside communities. The project provides activities that result in lowering the rate of teen pregnancies, increasing the use of positive behaviors, avoiding at-risk behaviors, and increasing self-sufficiency. The program also facilitates the holistic health and well-being of pregnant adolescents and their children, which improves health outcomes and parenting capabilities, as well as enhancing parent-child relationships. Both the care and

prevention needs of the target population are addressed by providing age-appropriate education and support through indigenous and professional staff at locations within the schools, communities, homes, and different health care sites.

Evaluation Methods:

Evaluation tools include medical records, enrollment forms, surveys, school records, census information, county statistics, historical data for comparisons, and matched comparison groups.

PARTNERS of Child and Family, Inc.

Agency: PARTNERS of Child and Family, Inc.
901 E. Summit Hill Drive
Knoxville, Tennessee 37915

Telephone: (423) 544-0053

Fax: (423) 521-5631

Contact Person: Sheila Adams, Program Coordinator

Annual Budget: \$200,000

Primary Funding Sources:

State of Tennessee; Gerber Foundation; and United Way.

Mission:

Through community partnerships, the program provides a continuum of services that enhance family life through prevention, treatment and advocacy.

Profile:

PARTNERS began serving pregnant and parenting teens in 1986. Its programs are located in urban and rural areas in school and community facilities and serve African-American (50 percent) and white (50 percent) populations. The program works with mothers of all ages on achieving self-sufficiency and serves approximately 20 pregnant and 160 parenting teens each year. On-site child care was initiated in 1998 for teens and other parents. Five teen fathers were involved in the program in 1998, and there are plans to increase this number, beginning with a father's group.

Description of Service Model:

Originally a home for unwed mothers, the program is continuing its emphasis on teen pregnancy prevention by operating within the context of a diverse umbrella organization that offers a continuum of over 35 programs directed toward strengthening families. The emphasis is on completion of education, increased effectiveness of parenting skills, increased personal esteem, and development of an occupational plan or path.

PARTNERS began with a U.S. Department of Health and Human Services grant and is now a community-based service provider with case managers who work with teen parents in their homes, schools, and communities.

Fresh Start classes offer life skills and job readiness development to the community. Job search and development training sessions are offered to individuals and groups. Available also is a 15-week job training course to earn a day care associate certificate and the national Child Development Associate (CDA) credential.

Evaluation Methods:

The program assesses its success through school attendance and performance, records indicating numbers of mothers employed, and pre and posttests for Fresh Start mothers and job search and development training participants.

Teenage Pregnancy and Parenting Project

Agency: Teenage Pregnancy and Parenting Project
(TAPP)
Family Service Agency of San Francisco
2730 Bryant Street, 2nd Floor
San Francisco, California 94110

Telephone: (415) 695-8300

Fax: (415) 824-2416

Contact Person: Charlene Clemens, Division Director

Annual Budget: \$1,300,000

Primary Funding Sources:

Maternal and Child Health; Office of Family Planning; Mayor's Office of Children, Youth and Families; San Francisco Unified School District; and foundations.

Mission:

Provide ongoing case management, health education, and support services to reduce infant mortality among pregnant teens and reduce the incidence of low birth weight infants and unwanted pregnancies among teens. Maintain effective, comprehensive networks of local providers to ensure access to appropriate health, vocational, and parenting education services.

Profile:

In existence since 1981, TAPP is a school- and community-based operation serving all of San Francisco. Populations served are Hispanic (47 percent), African-American (42 percent), Asian (7 percent), and other (1 percent) youth, 12 to 21 years old, in an urban setting. Each year, approximately 529 pregnant teens, 47 teen mothers, and 29 teen fathers receive services, including child care during the school year.

Description of Service Model:

TAPP is a comprehensive service delivery system for pregnant and parenting teens, their siblings, and other adolescents at risk for early parenting. Two peer education model programs are offered. Teenage Resources to Achieve Pregnancy Prevention (T-RAPP) primarily targets teens in seventh and eighth grades, and patients in the San Francisco General Hospital New Generation Health Center. The Together Taking Care of Business

(TTCB) Male Responsibility Program targets young adolescent males in community-based and school programs. Vocational education and life skills are emphasized in a mentoring program linking Junior League volunteers with teens receiving case management services in a series of weekly evening and Saturday workshops.

Child development services are available on site to teens receiving case management services. These services are targeted to pregnant and parenting teens, ages 15 and younger, and other newly parenting teens.

Evaluation Methods:

Evaluation data include changes in attitude and behaviors in pre- and post-questionnaires and surveys. The program reports milestones at intake, pregnancy outcome, and every 6 months thereafter. Documentation includes reports to California Maternal and Child Health and quarterly reporting to funding sources. The program tracks clients through LODESTAR, a statewide system for case management services.

Torrance County Maternal and Child Health Program

Agency: Torrance County Maternal and Child Health (MCH)
Program
P.O. Box 177
Moriarty, New Mexico 87035

Telephone: (505) 832-0332
Fax: (505) 832-0601

Contact Person: Vange Jenks, MCH Coordinator

Annual Budget: \$173,000

Primary Funding Source:

New Mexico

Mission:

Encourage the unification of Torrance County resources in order to improve the quality of daily living for all county residents.

Profile:

The MCH program, in existence since 1990, operates from a school, a health clinic, and a local office. On an annual basis, it offers education and support services to approximately 50 pregnant and 25 parenting teen mothers, including white (60 percent), Hispanic (39 percent), and American Indian (1 percent) mothers, 11 to 18 years old.

Description of Service Model:

Torrance County MCH serves pregnant and parenting adolescents, their children up to one year of age, and other family members in the home. The program provides prenatal care, well-baby care, health education, parenting classes for mothers and fathers, and case management.

Evaluation Methods:

Success is gauged through Maternal and Child Health tracking forms and pre- and post-surveys of students. The program also tracks attendance, grades, and behavior referrals.

**Programs Based in
Medical Facilities**

85

Gundersen Lutheran Teen Health Service

Agency: Gundersen Lutheran Teen Health Service
1910 South Avenue
La Crosse, Wisconsin 54601

Telephone: (608) 785-0530
Fax: (608) 791-6342

Contact Person: Brian Theiler, Director

Annual Budget: \$300,000

Primary Funding Sources:

Gundersen Lutheran Medical Center and local grants.

Mission:

Pursue excellence in the compassionate delivery of comprehensive health services as a leader in patient care, education, and research. Promote health through community partnerships and learning.

Profile:

Gundersen Lutheran Teen Health Service, in existence since 1984, offers prevention education, pregnancy/parenting services, and special services to high-risk adolescents. Programs are located in a school, hospital, and health clinic in a rural area and serve approximately 133 pregnant and 126 parenting adolescent mothers. These include white (87 percent), African-American (5 percent), Asian (5 percent), and American Indian (3 percent) youth, 11 to 19 years old.

Description of Service Model:

Teen Health Service is a comprehensive program providing mental health, education, and counseling services to rural adolescents and their families. The program provides outreach services to pregnant, parenting, and high-risk adolescents in community settings. Staff members assess individual needs, make referrals, and coordinate services in order to provide optimal care for adolescents. The multidisciplinary team includes a pediatric physician, director, social workers, dietitian, nurses, health educators, and office support staff.

Education programs provided to schools, youth groups, and community groups address a variety of adolescent issues. Pregnancy and parenting services emphasize early prenatal care, identifying support systems, community resources, and exploring education/life options. Services provided to high-risk teens in schools, group homes, and detention facilities include screening, assessment, and crisis counseling.

Staff provide adolescent suicide prevention, intervention, and consultation to assist school personnel with prevention counseling and with planning and policy development related to adolescent suicide and sudden death. Recognized by the Wisconsin Maternal and Child Health Coalition, the "Teen Night Clinic" offers after school health obstetrical and gynecological services to adolescents. One of the many unique groups that Teen Health Service offers is the Teen Advisory Group, in which adolescent participants assist with program development, program evaluation, and ongoing assessment of young adult needs in the Gundersen Lutheran service area. Also, a Young Parent Support Group offers educational and recreational activities, adoption support, and therapy for postpartum adolescents.

Evaluation Methods:

Evaluation data include health records, graduation rates, follow-up, and informal polls.

Options for Pregnant and Parenting Teens

Agency: Options for Pregnant and Parenting Teens (OPT)
St. Luke's Women's Life
103 W. State
Boise, Idaho 83709

Telephone: (208) 785-3033

Fax: (208) 381-4677

Contact Person: Sherry Iverson, Coordinator

Annual Budget: \$4,000

Primary Funding Source:

Regional sources

Mission:

Provide support and education for adolescent mothers and pregnant teens who need friends and role models.

Profile:

OPT is sponsored by St. Luke's Regional Medical Center, a suburban hospital. It offers a support group and an avenue to other support and services for a service population that is 99 percent white and 12 to 19 years old. Each year, approximately 6 to 10 pregnant teens and 6 to 10 teen mothers attend the support group, along with their children. Fathers are encouraged to attend as well.

Description of Service Model:

A registered nurse educator—experienced in working with teens on a wide variety of issues and trained in maternal/child health, childbirth, and parenting education—provides OPT services. Any pregnant or parenting teen can participate, regardless of whether the individual is married or single, or whether the person is living independently or with parents. All teens are welcome; there is no fee.

Teens participate in educational activities and interact with others facing similar challenges. Topics for discussion include prenatal health, parenting skills, communication with friends and family, planning for the future, child development, self-esteem and personal growth, legal issues, and financial concerns.

Program goals include healthy babies, fewer repeat pregnancies, continued school attendance, good parenting skills, effective communication with family and friends, and good self-esteem.

Evaluation Methods:

The program uses informal surveys and follow-up.

Supporting First Time Parents

Agency: Supporting First Time Parents (SFTP)
3301 W. Highland Boulevard
Milwaukee, Wisconsin 53210

Telephone: (414) 345-4810

Fax: (414) 345-4821

Contact Person: Rosemarie Fisher

Annual Budget: \$1,000,000

Primary Funding Sources:

State of Wisconsin; private foundations; hospital support; and Medicaid.

Mission:

Provide parenting, child development, general social services, and resource information to first time parents to support them in their new role as parents.

Profile:

The Supporting First Time Parents (SFTP) program, located in urban and suburban areas, has offered support and education to first time parents of all ages since 1989. On an annual basis, approximately 15 pregnant teens, 1,241 teen mothers, and 25 teen fathers are served. The program serves white (48 percent), African-American (38 percent), Hispanic (9 percent), Asian (1 percent), American Indian (1 percent), and other (3 percent) populations.

Description of Service Model:

SFTP provides family support and parenting education to Milwaukee County residents delivering at six area hospitals who are parents for the first time. Hospital-based interviewers assist them in identifying strengths and supportive service needs. Home visits are offered at no charge to those needing additional assistance. Services include referrals, parent education, advocacy, and linkages to other community agencies. A full-time nurse is available to assess medical needs.

All participants receive a Community Resource Guide for new parents and a monthly age-paced newsletter in English or Spanish mailed to their home for a year.

Interested families are referred to the Parents as Teachers program, a program which promotes school readiness based on the premise that a child's parent is his or her best and first teacher.

SFTP is affiliated with a major health care organization in the community to provide a continuum of services from conception to the child's seventh birthday. The program also maintains a close relationship with 16 family resource centers, including joint programming and an established referral system.

Evaluation Methods:

An independent professional evaluation by the Planning Council for Health and Human Services assesses knowledge of resources, immunizations on time, baby and postpartum appointments, and child development information.

Young Parents Program/ The Parenting Project

Agency: Young Parents Program/The Parenting Project
Children's Hospital
300 Longwood Avenue
Boston, Massachusetts 02115

Telephone: (617) 355-7718
Fax: (617) 739-5458

Contact Person: Mollie Sherry, Clinical Director
Joanne Cox, Medical Director

Annual Budget: \$800,000

Primary Funding Sources:

Children's Hospital of Boston and the U.S. Department of Health and Human Services' Office of Adolescent Pregnancy and Prevention.

Mission:

Provide medical and social work services, and health and parenting education to adolescent parents to improve their knowledge of and skill in parenting, promote optimum physical and mental health of adolescent parents and their children, and promote goal setting and accomplishments.

Profile:

In existence since 1980, Young Parents Program/The Parenting Project is based in an urban hospital. Each year, approximately 92 pregnant teens, 139 teen mothers, and 92 teen fathers receive services. Clients include African-American (46 percent), Hispanic (37 percent), white (2 percent), and other (15 percent) youth, 12 to 18 years old. Child care is provided on site for 67 children.

Description of Service Model:

The program provides multidisciplinary, comprehensive services, including medical, nursing, and social work services to teen families, targeting high-risk adolescent families in the inner city. At each clinic visit, teens meet with a medical provider, nurse, and social worker to evaluate and address environmental, social, and emotional needs of each family member. Staff have diverse ethnic backgrounds and are bilingual (English and Spanish).

Short-term structured parenting groups are led by a nurse and a social worker who use a Nurturing Program curriculum. Transportation, child care, and meals are provided. A Young Fathers' program strives to keep fathers involved with their children and assist them in their own growth and development. Staff members encourage them to be present at the children's pediatric appointments and offer individual counseling, a weekly psychoeducational father's group, and referrals to free medical care, educational programs, and jobs. A father's advocate and a father's social worker conduct outreach and networking in the community.

Prenatal services are provided to all pregnant teens and fathers-to-be by collaborating with the multidisciplinary staff at Brigham and Women's Hospital teen clinic.

Evaluation Methods:

The program assesses its success in improving the health and well-being of children born to adolescent parents and reduction in repeat pregnancies by reviewing medical records. It also employs validated measures for assessing parenting skills in pre and posttests. Client reports indicate reduction in dropout rates.

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97